

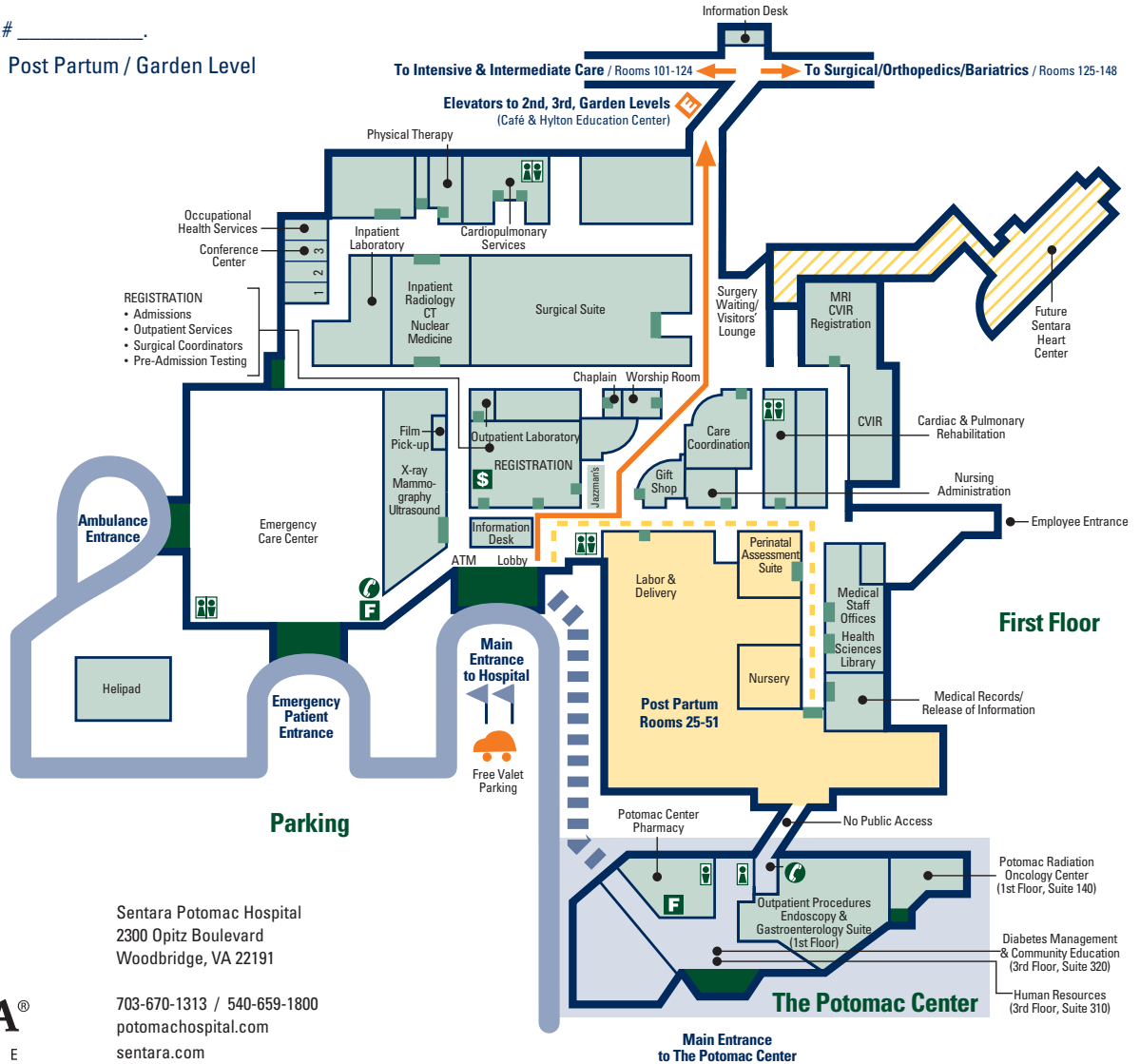
Welcome to Sentara Potomac Hospital

Visitor Information: Room # _____.

This room is on: 1st / 2nd / 3rd / Post Partum / Garden Level

LEGEND

-  Entrance to Building
-  Entrance to Suite
-  Walkway
-  Elevator
-  Cashier
-  Restrooms
-  Public Telephones
-  Food/Vending Machines
-  To Visitor Elevators **E**,
Rooms #101-350 &
Hylton Education Center
(on Garden Level)
-  To Post Partum
Rooms #25-51
-  Free Valet Parking



SENTARA[®]
HEALTHCARE

Sentara Potomac Hospital
2300 Opitz Boulevard
Woodbridge, VA 22191

703-670-1313 / 540-659-1800
potomachospital.com
sentara.com

Sentara Potomac Hospital Directory

Artwork, wall and sign colors are different on each floor to help you find your way.


First Floor (Blue)

- Main Lobby
- Intensive Care, Rooms 101-115
- Intermediate Care, Rooms 116-124
- Surgical/Orthopedics/Bariatrics, Rooms 125-148

Second Floor (Violet)

- Sleep Lab, Rooms 201-202
- Medicine & Hospice, Rooms 203-238
- Hematology/Oncology, Rooms 239-250
- Infusion Center

Third Floor (Teal)

- Progressive Care, Rooms 301-340
-  KidsPORT/Pediatrics, Rooms 341-350

Garden Level (Terra Cotta)

- Garden Café
Open from 7:00 a.m. to 7:00 p.m.
- Hylton Education Center
- Patient Financial Services


Smoking is not allowed in any of the hospital's buildings.

Cell phones may be used in the hospital but can be a distraction to the delivery of good care. For this reason cell phone use is discouraged especially in critical care areas including the Emergency Care Center, treatment rooms, Intensive Care or Intermediate Care, Progressive Care, Neonatal Intensive Care, and Labor and Delivery rooms. When using your cell phone, please be respectful of others and the need for privacy.

To reach a patient by telephone:

Post Partum: New mothers and other patients in Post Partum can be reached by dialing **(703) 986-54 + Room Number.**

All Other Hospital Patients: All other hospital inpatients can be reached by dialing **(703) 986-5 + Room Number.**

 **R** Restrooms and vending machines are located in the visitor lounges on 1st, 2nd, and 3rd floors.

Visiting Hours

Hematology/Oncology, Medicine, Progressive Care, Surgical & Orthopedics, Bariatrics

Adults: 8:00 a.m. to 10:00 p.m.

Children must be accompanied and supervised by an adult.

Overnight Stays: One adult is permitted to stay overnight.

Intensive Care & Intermediate Care

Immediate Family Only (ages 12 and over):

12 noon to 3:00 p.m.

5:00 to 8:00 p.m.

Overnight Stays: One adult is permitted to stay until 8:00 a.m. Please see charge nurse for details.

KidsPORT / Pediatrics

Parents: 24 hours a day (one parent may remain overnight)

Siblings (accompanied and supervised by an adult): 8:00 a.m. to 10:00 p.m.

All Other Visitors (Adults only): 8:00 a.m. to 10:00 p.m.

Post Partum

Fathers: Open visitation

Immediate Family: 12:00 noon to 8:00 p.m.

Siblings of Infant: 12:00 noon to 5:00 p.m. for 30 minutes accompanied and supervised by an adult.

All Other Visitors (Adults only, two visitors per patient at any time): 6:00 to 8:00 p.m.

** Note: All visiting hours are subject to change*